

PATHWAY NEWS

The Lodge Trust Newsletter

May/June 2019



Concert

Highlights



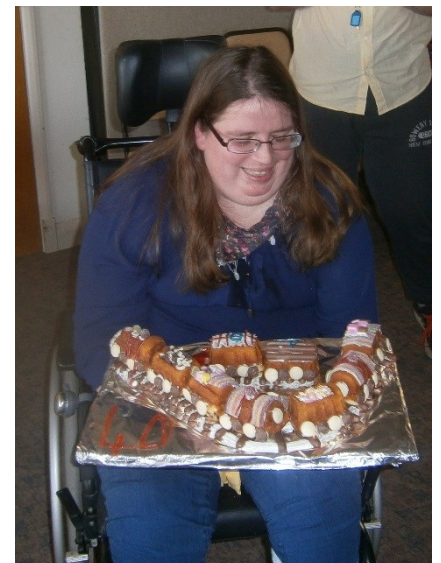
Fun Day



Healthy eating



Truckfest



Birthdays

We are keeping healthy; are you?

The British Nutrition Foundation Healthy Eating Week ran from 10th to 14th June 2019. Its focus was to celebrate and promote healthy eating as well as food provenance, cooking, and being active. It is aimed at schools, but anyone can take part. They have five themes for the week, so we focused on a different one each day. Monday was 'have breakfast', Tuesday was 'have 5 a day', Wednesday was 'drink plenty', Thursday was 'get active', and Friday was 'sleep well'. All the staff, residents, and Service Users got involved and took pictures to show everyone what they were doing. Each morning we updated and encouraged each other in morning prayers. It has really challenged us to keep healthy; how about you?



Fun Day was a great success, thanks to you!



What an **amazing day** our Fun Day was this year. Not even the early showers could put a dampener on the day. We have been so overwhelmed by the generosity of all of you who support us here at The Lodge Trust.

Highlights include: Steve and Stef, our awesome centurions, the Melton and Grantham Rock Choir, the Phoenix Foundation who brought along a petting pony, the Market Overton Cricket Club, Richard and his birds of prey, local fairground rides, the Christian Motorcyclists Association, and our wonderful ice cream man Gino who supports us every year.



We of course had our own fabulous Lodge Trust products. We had donated bikes restored and made ready to sell by one of our volunteer dads; a fantastic barbecue, our amazing café, refreshments, homemade cakes, and our trusty vintage games.

It truly is an amazing day. **Everyone** works so hard to ensure the day is a success. This year we raised a staggering **£10,600**.

Thank you to all of you who came to visit us and everyone who has been so generous with their time, donations, and gifts. **We couldn't do it without you.**

Our next sale is in November. If you have any unwanted new gifts, bikes, or you would be willing to bake some cakes for us, please let us know. If you would like to volunteer to help on a stall or with the setting up or setting down, we would also love to hear from you. Please email: s.marriott@lodgestrust.org.uk.

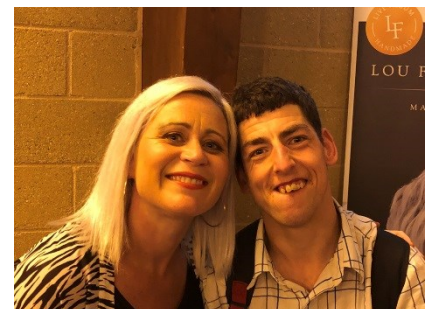
Lou Fellingham concert filled us with joy.

On Friday 7th June, seven residents and three staff went to see Lou Fellingham and her band (if you don't know her, look her up—she's great) at Melton Mowbray Baptist Church.

The music was varied and lively, and everybody seemed to enjoy it. We enjoyed about two hours of music, prayer, and testimony from Lou and the band.

After the concert had finished, Jason was able to talk to the band who all shook hands with him and he was then able to talk to Lou and have his photo taken with her.

Lou and the band were very good at welcoming and talking to Jason and I think they all thoroughly enjoyed the evening.



The Lodge Trust CIO



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