

# PATHWAY NEWS

The Lodge Trust Monthly Newsletter

October 2016

The air has begun to bite, the long days have dissipated, leaves of the trees have become rusty-coloured and begun to fall. It's autumn again at The Lodge, and what a joy to behold the change of seasons in our countryside setting! We've been blessed with a glorious long summer, and our Café and Country Park have been filled with visitors—we very much enjoy having you with us. Although life may be slowing down for our flora and fauna, it has certainly not slowed down for our Service Users and staff. We all value our work here—a God-honouring work ethic is a key principle of our Christian ethos. This means Service Users have been putting great effort into sweeping, raking, and keeping our beautiful grounds tidy (see inside for more on our Grounds Team). So it's as perfect a time as any to visit us for an autumn walk followed by a warming cup of tea or coffee in our Café. They've also been busy dressing plants and packing craft items for one of the biggest days of the year: the November Sale! It's a time which unites us, our friends and supporters, and the local community. It will be extremely rewarding for all involved to have the fruits of their labours appreciated, as well as helping us towards our goal of supporting more adults with learning disabilities to lead the fulfilling productive lives of which they are capable and deserving. We hope, if you are able, that you will join us, or that you will be with us in spirit, praying from afar!



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# Interview with Malcolm Shepherd

(Volunteer within our Work and Education Service)

### Why do you volunteer at the Lodge Trust?

This is the first time I have volunteered as I used to work too much before. I have volunteered here now for 15 months.

I enjoy helping people, I like coming to The Lodge Trust and working with everyone. It keeps me busy and active.

#### What do you do here?

Mainly gardening and working with a resident on a one-to-one basis who would normal work in a group.

### A memorable experience?

Lots of good experiences, but being able to finish a job with a resident, we love getting the job finished together as it brings us job satisfaction. I also love the fact that residents ask to work with me.

## What was your previous job?

I was in engineering, precision engineering, I worked making machinery, lots of work in the music and film industry. Travelling around the world.

## Hobbies and interests.

I fly fish on Rutland water. But I don't like fish! I go walking a lot with my wife. I like walking around Rutland and Grafham water. (Looking for the best fishing spots.) I enjoy working with computers and helping my wife with the garden.



### <u>Favourite holiday.</u>

We lived in Maine, America for 6 years and love going back to visit. Dream Holiday would be New Zealand, partly for the fishing and it looks very interesting.

# Outside Gym for All

Following on from last months article, voting has now begun for the bags of help scheme in Tesco.

From now, until 13th
November customers in
Tesco's Oakham store will
be able to vote for The
Lodge Trust Outside Gym
for all project as one of 3
local projects.

If we come 3rd we receive £8,000 towards the gym project, 2nd place we receive £10,000 and 1st place we receive £12,000. If you are local, please shop in Tesco and vote for us, to increase our chances of a higher place. Thank you



#### Hannah's Joke of the Month

**Q:** Why do bananas have to put on sunscreen before they go to the beach?

A: Because they might peel!

## Grounds

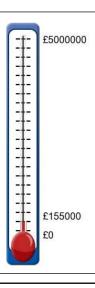
Since joining the Grounds Team I have been enjoying working alongside the residents. I have been getting to know what tasks the residents enjoy doing and we have worked hard getting the gardens weeded and tidied up.

We have been spending time in particular weeding the main border and tidying up the houses' gardens. We try to do this when we have residents in the team who live in the house. We have joined up with the Gardens Team at times to have a big working party to blitz a certain area. This has been enjoyable and a lot of fun.



Presently we're concentrating on replanting the pots and baskets with Pansies. We had a trip to the Garden Centre where the team chose the colour scheme they wanted! We are envisaging lots of leaf raking in the next couple of weeks!

Written By Dawn (New Horticulture Team Leader)



# **MK2020 Target Update**

Back in July we had reached £100,000 and we are now pleased to announce that the current total stands at £161,000.

Thanks to everyone for their continued support.

## **New Website Launch**

Our new website will go live on the 5th
November in time for our Sale Day.
We are excited to show you our new look. With
new images and content we hope that you will
love it as much as we do, and tell all your friends
about us so they come and have a look too.
Thank you

# **Prayer Points**

- Please pray for all of our residents in their daily times of fellowship, that they will grow in their relationships with God.
- Please pray for those who find Christmas time particularly hard, that they will know God's comfort and assurance.
- Please pray as we try to negotiate on behalf of our residents for appropriate fees with County Councils and CCGs.
- Please pray for good health for all our staff and residents at this time of the year.
- Please continue to pray for the team looking at expanding the work of The Lodge Trust in to the Milton Keynes Area.

## **Contact Us**

Give us a call for more information about our services

### The Lodge Trust CIO

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Visit us on the web at www.lodgetrust.org.uk

Or drop in to our café and shop on site which is open Monday to Saturday 8:30am — 4:30pm

You can also find us on Facebook

and Twitter



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If you are able to receive this newsletter by email, then please contact s.marriott@lodgetrust.org.uk